



June 25, 2020

FOR IMMEDIATE RELEASE

### **Help Stop the Spread of COVID-19**

With the significant increase in confirmed COVID-19 cases in Yolo County over the last few weeks, residents are reminded to stay vigilant in following State and County health guidance. As the spread of COVID-19 continues, Woodland residents are asked to reduce or avoid close contact between people, such as gatherings with friends and family that do not live in your household. During this time, please continue to practice social distancing and wearing a face covering when you are with others that are not a part of your immediate household.

#### **Social Distancing**

Because COVID-19 [spreads](#) from person to person, reducing the ways people come in close contact with each other is essential. Social distancing means staying home as much as possible and avoiding crowded, public places where close contact with others is likely. When out in public it is important to stay at least 6 feet from others and to wear a facial covering.

#### **Facial Coverings**

Cloth face coverings or [masks](#) help reduce the spread of coronavirus especially when combined with social distancing and frequent hand washing. Effective June 18, Californians must wear face coverings in common and public indoor spaces and outdoors when distancing is not possible. Learn more about the [guidance and limited exceptions here](#). A reminder that Yolo County has had health order in place since [April 24](#), requiring members of the public to wear a face covering. The County has created a [Documents](#) page that has several helpful guides and resources to help clarify any questions on when to wear a face covering.



## **Self-Isolation**

COVID-19 can spread from person to person even before symptoms start. So, if someone in your household starts to feel even slightly ill, run down, tired, or achy, they should stay home and practice "self-isolation." This means limiting contact with others. If more severe symptoms develop, like a fever, cough or shortness of breath, a doctor should be called. They will let you know if a COVID-19 test is needed, and what the next steps should be.

## **Family Gatherings**

While gathering with family and friends at a home may seem like a safe activity, recent cases of COVID-19 in Yolo County have been traced back to gatherings at homes. It is important that everyone continues to minimize gatherings with those that don't live in the same household. Those gathering with people outside of their household need to practice social distancing and wear a face covering. These practices will not only keep you safe but they will also help to protect others.

## **Coronavirus in Woodland and Yolo County**

The City of Woodland continues to closely monitor the impacts of COVID-19 and provide information to assist residents and businesses to respond to the emergency as it evolves.

The number of confirmed cases of COVID-19 in Woodland is 185 (as of 5 pm on June 24, 2020). Stay up to date by visiting the [Yolo County Novel Coronavirus website](#).

Additional information can also be found at [www.cityofwoodland.org](http://www.cityofwoodland.org). To receive email alerts from the City of Woodland visit [www.cityofwoodland/notifyme](http://www.cityofwoodland/notifyme). To receive email alerts from the County visit [www.yolocounty.org](http://www.yolocounty.org).

City of Woodland Contact: Jen Robinson (530) 661-5800

For Spanish Translation:



Haga su parte.  
**No baje la guardia.**  
Mantenga segura a su familia.  
**Limite las reuniones sociales.**