

# **Commission on Aging**

Location: Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Agenda Monday, October 26, 2009 at 3:30 p.m.

3:30 p.m. Pledge of Allegiance 3:32 p.m. Minutes: 1. September 28, 2009 3:35 p.m. Correspondence 3:40 p.m. Public Comment 3:45 p.m. Presentations (none) 3:45 p.m. Consent Calendar 2. Senior Center Report/Recreation Supervisor Report 3:50 p.m. New Business - Action Items 3:50 p.m. New Business - Information Items 3. Change COA Meeting Schedule 3:50 p.m. Old Business - Action Items (none) 3:50 p.m. Old Business - Information Items 4. Work Plan 2009 4:00 p.m. Committee Reports: Senior Transit Issues 4:05 p.m. Other Business 4:10 p.m. Business Items for Next Meeting 4:15 p.m. Next Meeting Date: November 30, 2009 4:15 p.m. Adjourn	3:30 p.m.	Call to Order
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Notice: Times indicated are approximate.

Meeting documents are available online at www.cityofwoodland.org

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1<sup>st</sup>. Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.

# Commission on Aging DRAFT

Regular Meeting Minutes of September 28, 2009

#### I. CALL TO ORDER

Meeting convened at 3:30 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chairperson Wright presiding.

Commissioners Present: Campbell, Talkington, Wright, Overholt (vacancy)

Absent: None

Staff: Sullivan, Haynie

Guests: None

#### II. PLEDGE OF ALLEGIANCE

#### III. MINUTES

# Meeting Minutes of July 27, 2009 (Item 1)

Commissioner Talkington moved approval of the Minutes of July 27, 2009, regular Meeting; Commissioner Campbell seconded. Motion carried.

- IV. CORRESPONDENCE (no comments)
- V. PUBLIC COMMENT (none)
- VI. PRESENTATIONS (none)

#### VII. CONSENT CALENDAR: Senior Center Report (Item 2)

Commissioner Talkington moved approval of the Consent Calendar; Commissioner Overholt seconded. Motion carried.

## VIII. NEW BUSINESS – ACTION ITEM: <u>December Meeting Cancellation (Item 3)</u>

Commissioner Campbell moved approval of the annual August meeting cancellation; Commissioner Talkington seconded. Motion carried.

## **Change Date of November Meeting (Item 4)**

Commissioner Talkington moved approval to change the date of the November meeting from November 23 (furlough week) to November 30, 2009; Commissioner Campbell seconded. Motion carried.

#### IX. NEW BUSINESS – INFORMATION ITEMS (none)

#### X. OLD BUSINESS – ACTION ITEMS (none)

#### XI. OLD BUSINESS – INFORMATION ITEMS

# **Work Plan 2009 (Item 5)**

Commissioners discussed informally the n information for the 2009 Apartment List (F) is complete. Ken Atchison has volunteered to make the corrections and reformat the listing.

#### XII. COMMITTEE REPORTS

# **Senior Transit Issues**

Commissioner Talkington informed the Commission that she has volunteered for the Yolo County Transit Advisory Committee.

#### XIII. OTHER BUSINESS

## **Consider Changing Monthly Meeting**

Director Sullivan suggested changing the monthly meetings to bi-monthly due to the lack of staff support for the Commission.

#### XIV. BUSINESS ITEMS FOR NEXT MEETING:

Update on new commissioner, work plan, staff report to change day of commission meetings.

#### XV. NEXT MEETING DATE:

October 26, 2009.

XVI. ADJOURN: Chairperson Wright adjourned the meeting at 3:48 p.m.

Respectfully submitted,

Cathy Haynie
Administrative Secretary
Park & Recreation Department

Parks & Recreation Commission: October 26, 2009 Agenda Item: #3 Commission on Aging: October 26, 2009 Agenda Item: #2 Senior Center Report-Consent Calendar

# City of Woodland Parks & Recreation Department Senior Center

Interoffice Memo

Date: October 16, 2009

To: Carey Sullivan, Parks & Recreation Director

From: Yvette Smith, Recreation Supervisor

Subject: October 2009 Staff Report

#### SENIOR CENTER

In the coming months, the staff report will highlight current and upcoming events at the Senior Center. All programs are going strong and are still well received. I've been meeting with Susanna Reinhart and all the information that I have received is very helpful and informative. Paula, Linnie and all the volunteers have been very welcoming and helpful during this transition.

# October/November 2009

- <u>Discover Shakespeare</u>: This class format features a complete play. Instructor Ralph Quinn will discuss Shakespeare's famous play, 'Anthony & Cleopatra'. This four-week Discover Shakespeare class is held from 1-2:30 PM on Thursdays, September 17- October 8, 2009. Class will include careful explanations of Old English words and detailed scene presentations. This program is accompanied by a musical sound track unique to this presentation (available no where else). Participants are encouraged to bring a copy of the play as an aid to understanding. Fee: \$28.
- <u>Fall Potluck</u>: Was held on September 25<sup>th</sup>. The guests enjoyed mingling with each other, great conversations and good food.

# Meetings

\*Senior Center, Inc. (SCI): The next meeting of the BOD (Board of Directors) will be held on Thursday, November 19, 2009 at 9:30 am. Will attend and update commission in next months report.

# **FACILITY**

In the upcoming weeks the staff will be working on improving the facility rental report process.



# **Commission on Aging Communication**

AGENDA ITEM #3

SUBJECT: Change COA Meeting Schedule DATE: October 26, 2009

PREPARED BY: Yvette Smith,

**Recreation Supervisor** 

**RECOMMENDED ACTION:** 

Commissioners to discuss changing the COA meeting schedule to bi-monthly.

#### **BACKGROUND INFORMATION:**

Due to reduced staff and resources, staff would like to have the Commission discuss changing from their monthly meeting to a bi-monthly schedule.

Respectfully submitted,

Yvette Smith, Recreation Supervisor Parks & Recreation Department

# **Commission On Aging Communication**

AGENDA ITEM # 4

SUBJECT: Work Plan 2009 DATE: October 26, 2009

PREPARED BY: Yvette Smith,

**Recreation Supervisor** 

**RECOMMENDED ACTION:** Receive update on the 2009 Work Plan items.

# BACKGROUND INFORMATION:

A. COA INFOMERCIAL (Commissioners Campbell & Overholt)

Annually, the Commission on Aging provides City Council with information regarding Commission activities. At the May 19, 2009 City Council meeting, Commissioners Campbell and Overholt provided Council with an update on the Commission's activities. This year's presentation included a PowerPoint review of COA membership, Duties & Responsibilities, Primary Senior Issues, Work Plan Items, and Additional Activities & Commissioner Contributions. All commissioners were welcome and encouraged to attend.

STATUS: Completed.

# **B.** FOCAL POINT COORDINATING COUNCIL (FPCC)

(Commissioner Campbell & Manager Reinhart)

The FPCC helps expand opportunities for countywide senior programs, in addition to keeping the COA informed on senior issues and activities. The Woodland COA hosted the FPCC meeting on June 17, 2009 at the Woodland Community & Senior Center; Commissioner Campbell facilitated the meeting. The next meeting will be hosted by the *Yolo County Commission on Aging & Adult Services* to be held this fall.

STATUS: Receive update.

SUBJECT:	<b>PAGE:</b> 2	
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#### **C. PROMOTION** (Commissioners Overholt & Talkington)

This project includes a plan to help create positive images of aging and seniors through public information. Such 'Promotion' would result in a greater awareness of positive and healthy aging, including an increased awareness of programs and services for seniors. Commissioners Overholt and Talkington will schedule presentations, of specific interest to seniors, at the Community & Senior Center.

STATUS: Receive update: topics/presentations/dates.

# **D. SENIOR RESOURCE FAIR** (Commissioners Wright & Talkington)

The annual 'Senior Resource Fair' provided human and social service agencies an opportunity to talk one-on-one with seniors, their friends and families about local senior programs and services. Commissioners Wright and Talkington coordinated this year's 'Senior Resource Fair' at the Community & Senior on May 13, 2009.

STATUS: Completed.

# **E. SENIOR TRANSIT** (Commissioners Talkington & Campbell)

Commissioners Talkington and Campbell worked to bring a mobility training program to Woodland that would help enable seniors and people with disabilities to remain independent and mobile by learning how to use public transportation. This program was held on April 17, 2009 and is expected to help increase public awareness of available transportation options that will benefit seniors, their families and our community.

STATUS: Completed.

# **F. WOODLAND APARTMENT LIST** (Commissioner Talkington)

Each fall the Commission on Aging updates their listing of *Apartment Complexes in Woodland*. Commissioner Talkington anticipates this year's list will be completed in September 2009. The Senior Center makes this information available throughout the year to local seniors who are looking for more affordable housing in town, and to others who want to move to Woodland. The Senior Center and the Woodland Chamber of Commerce have supported this project. The list represents most of the apartments in town, however some apartment managers decline to have their complex listed, and others do not provide the requested information.

STATUS: Receive update.

Respectfully submitted,

Yvette Smith, Recreation Supervisor Parks and Recreation Department