



City of Woodland

REPORT TO MAYOR AND CITY COUNCIL

AGENDA ITEM

TO: THE HONORABLE MAYOR
AND CITY COUNCIL

DATE: May 20, 2008

SUBJECT: Commission on Aging Update

Report in Brief

Commission on Aging Chairperson Karen Wright will give PowerPoint presentation on the activities of the Commission.

The current COA members are: Chairperson Karen Wright, Vice-Chairperson Ms. Regan Overholt, Ms. Lucinda Talkington, and Dr. Frank Cooper. Don Campbell is newly appointed to the COA.

Background

The Commission on Aging was established in 1975 to act as an advisory board to the City Council. The Commission is available to advise and make recommendations to Council on matters pertaining to seniors in Woodland.

Recommendation

Receive report from the Commission on Aging.

Prepared by: Susannah Reinhart,
Senior Center Manager

Mark G. Deven
City Manager

Attachment: Infomercial

**Woodland
Commission on Aging
2007**

A Year In Review

COA Members

- Jane Griffin
- Regan Overholt
- Frank Cooper
- Karen Wright
- Lucinda Talkington

COA Duties and Responsibilities

- Bring focus to issues affecting seniors
- Advocate for support and resources
- Promote healthy aging and quality community services

Primary Senior Issues

- Health Care
- Financial and Legal Resources
- Affordable Housing
- Self Help and Support
- Advocacy
- Transportation

Annual Work Plan Items

- Woodland Apartment List
- Positive Aging and Promotion Educational Presentations
- Senior Focal Point Coordinating Council
- Senior Information Fair
- Community and Senior Center Advocacy
- Joint Parks and Rec/COA Facility Policies

Additional Activities

Highlight active seniors in community and encourage involvement in organizations and activities including:

Senior Softball Champion Players
**article published in
Spring Parks and Recreation Guide**

Intergenerational Volunteers Program

A collaboration with the Woodland Joint Unified School District to place seniors in kindergarten classrooms (piloted at Zamora Elementary)

Additional Commissioner Contributions

- Participated in senior programs including support groups, educational activities and special events
- Assisted with Community & Senior Center 1st Anniversary event

Woodland COA

The COA advocates to City Council to ensure the unique needs and desires of the senior community are heard and addressed

Woodland seniors are intelligent, active, dynamic, involved and **vote regularly!**

We invite *all* City Council members to attend one of our monthly meetings and participate in the many special senior activities coordinated in our city. Come see what 'active aging' is all about!