

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA**

**COMMISSION ON AGING AGENDA
March 12, 2015
3:00 p.m.**

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. MINUTES
 - D.1 Adopt the Minutes of the Commission Meeting of February, 2015
- E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission’s consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. REGULAR CALENDAR
 - F.1 Appoint Commissioner to Yolo County Commission on Aging and Adult Service and Make Appointment Recommendation to City Council
 - F.2 Workplan 2015
 - F.3 Speakers Series Update
 - F.4 Senior Resource Fair 2015- May 28, 2015-Update
- G. REPORT OF THE STAFF
 - G.1 Senior Center Report January-Dallas Tringali
Recommendation: Information only
 - G.2 Facility Update, Senior Issues-Dallas Tringali
Recommendation: Information only

H. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

- I. AGENDA ITEMS FOR NEXT MEETING
- J. ADJOURN
- K. NEXT MEETING April 9, 2015

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, March 12, 2015 was posted on March 6, 2015 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging
Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes
February 12, 2015

Call to Order

Meeting convened at 3:03 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Campbell presiding.

Roll Call

Commissioners Present: Garman, Campbell, Sanborn, Brown
Staff: Bain, Engel, Tringali
Guest: Sheila Allen (Yolo Healthy Aging Alliance) and Lisa Usser (Yolo County Public Health Nurse)

Pledge of Allegiance

Communications-Commission/Staff Statements and Requests

The Commission discussed placing the selection of a commissioner to be the representative on the Yolo County Commission on Aging and Adult Services Commission (since Commissioner Garman will no longer be the appointee) on the next agenda. This recommendation would then be considered by the City Council on April 7, 2015.

Minutes

Commissioner Sanborn made the motion to accept the minutes of January 8, 2015, Commissioner Garman seconded the motion. 4/0

Correspondence

None

Regular Calendar

Review of COA Report to City Council- February 17, 2015

Commissioners discussed and finalized the COA Report to City Council for February 17, 2015.

Workplan 2015

Commissioners discussed and finalized the Work Plan assignments. Intergeneration Project (Commissioner Overholt), Promotion and Speaker Series (Commissioners Overholt and Brown), Senior Resource Fair (Commissioners Sanborn and Campbell), Woodland Apartment List (All Commissioners), Technology for Seniors (Commissioner Sanborn), Advocacy (Commissioner Brown), and Handicap Parking at front of WC&SC (Commissioner Campbell.) Commissioner Brown will supply wording for Advocacy and Commissioner Sanborn will supply wording for Technology for seniors to Haynie.

Presentation of Yolo Healthy Aging Alliance

Sheila Allen from the Yolo Healthy Aging Alliance provided an overview of the program. The Yolo Healthy Aging Alliance (YHAA) is funded by the SCAN Foundation "building statewide momentum to transform the system of care so that all Californian can age with dignity, choice, and independence." YHAA was created after the 2010 aging summit when concerns arose from cuts in several senior services. The YHAA has defined gaps in senior services, have been working to determine the County's long-term goals, and are



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

working to make changes where they need to happen. The YHAA is split into three main categories: Education (for seniors), Collaboration, and Advocacy.

Senior Resource Fair

Bain provided an update that approximately 80 packets have been distributed to last year's vendors and approximately 20 have been turned in to participate in the 2015 Senior Resource Fair. Sheila Allen requested for the information to be emailed to her and she would email it to her contact list.

Report of the Staff

Senior Center Report

Tringali discussed the Senior Center report noting that the Senior Center front desk is busy booking Tax Aid appointments. The Tax Aid appointment setting takes up about 80% of the front-desk volunteers' time. Tringali also reported that Christina Cruz, a temporary staff member, will be providing additional staffing assistance during the absence of the current temporary employee.

Facility Update, Senior Issues

Commissioner Campbell asked for an update on the addition of handicap parking. Engel reported that she attended a meeting recently on the Sports Park Master Plan. She informed the Commission that redoing the parking (and other changes at the property) is part of a larger part project for updating the Parks Master Plan which is connected to the City's General Plan Update. Additionally parking will be considered relative to all of the uses (current and future) at the Community & Senior Center and Sports Park, and all of these projects (including parking) are unfunded.

Business Items for Next Meeting

Request to City Council to appoint a commissioner to the Yolo County Commission of Aging

Updated 2015 Work Plan

Speaker Series

Senior Resource Fair 2015- Update

Senior Center Report

Facilities update

Next Meeting Date March 12, 2015

Adjourn

Commissioner Brown made the motion to adjourn the meeting at 3:59 p.m., Commissioner Garman seconded the motion, and motion carried 4/0.

Respectfully submitted,

Kris Bain, CS Program Manager
Community Services Department

Commission on Aging Work Plan (January – December 2015)

The following action plan contains 7 specific items that the Commission on Aging proposes to accomplish, or at least begin over the next year. General objectives, dates, and required resources are listed for the sake of planning. *However, they are subject to change as the year progresses and particular action items are moved towards implementation.*

Each action item, with a brief statement of objective, outcome, timeline, and resource requirements are as follows:

1. Intergenerational Project
2. Promotion, Speaker Series
3. Senior Resource Fair
4. Woodland Apartment List
5. Advocacy
6. Technical Support
7. Handicap Parking in Front of WC&SC

1. Intergenerational Project (Commissioner Overholt)

Objective: Develop and implement intergenerational project between seniors and children.

Outcome: Social benefit for young children and seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time

2. Promotion & Speaker Series (Commissioners Overholt/Brown)

Objective: Promote a positive image of aging and seniors through public information.

Outcome: Create greater awareness of positive and healthy aging, including an increased awareness of programs and services for seniors.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time

3. Senior Resource Fair (Commissioners Sanborn/Campbell)

Objective: Inform seniors and their families/neighbors about senior programs in the community.

Outcome: Create greater awareness and participation in senior programs in the community.

Timeline: Ongoing.

Required Funding: Program costs, Commission and staff time.

4. Woodland Apartment List (All Commissioners)

Objective: To complete annual update of the list of Apartment Complexes in Woodland, this includes apartments for 'seniors only'. Biannually Outcome: Provide current rental information for seniors and their families.

Timeline: January/February 2016.

Required Funding: Program costs, Commission and staff time

5. Technology for Seniors (Commissioner Sanborn)

Objective: to provide seniors with basic computer/internet information, training and skills.

Outcome: seniors will develop the knowledge and comfort levels necessary to be able to use and take advantage of newer technology.

Timeline: April, 2015

Required Funding: Program costs, Commission and staff time.

6. Advocacy (Commissioners Brown/Overholt or Sanborn)

Objective: To promote and advocate for issues related to seniors.

Outcome: To move issues related to seniors to the front of the legislative agenda.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.

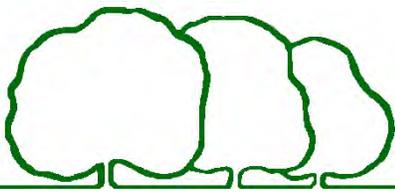
7. Handicap Parking at front of WC&SC (Commissioner Campbell)

Objective: Add 10 handicap parking spaces at the front of the WC&SC.

Outcome: More accessibility at the main entrance for seniors.

Timeline: Ongoing

Required Funding: Program costs, Commission and staff time.



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: February 12, 2015

PREPARED BY: Dallas Tringali, Community Services Program Manager

RECOMMENDED ACTION: None. Information only.

BACKGROUND INFORMATION: The following provides highlights of the Senior Center since the last report.

Program Report

Flower Arranging Workshop: Senior Center Inc. hosted a flower arranging workshop on Wednesday March 4. There were 12 participants putting together bouquets of wholesale flowers that will serve as decorations for the Senior Art Show. Afterwards, the arrangements will be donated to a local assisted-living facility.

Senior Art Show & ReXpo: The Senior Art Show and ReXpo events took place on Friday March 6. Over 30 vendors participated in the ReXpo, which showcased many different activities in Woodland for all ages. The Art Show featured pieces by the Woodland Senior Center’s own art class participants, including paintings, wood carvings, scrapbook pages, and quilts.

Hand & Foot Card Party: On Saturday March 14, Senior Center Inc. will host its second annual Hand & Foot Card Party. Participants will come for a social card game and lunches prepared by SCI volunteers.

Tax Aid: The annual Tax Aid preparation offered by AARP volunteers began on February 2 and will run through April 13. Staff will be meeting with the Northern California AARP to discuss hosting their organization meetings in September and December. These meetings prepare coordinators to the train program volunteers that end up helping the community with their taxes.

Fraud Fair: Community Services staff is working with the Woodland Police Department and the Yolo County District Attorney's office to host a fraud fair at the Community & Senior Center. This event would bring together vendors across many disciplines to provide the community (notably seniors, but also law enforcement and other scam victims) with resources to help them keep their valuable information safe. The event is being targeted for mid-October, more information to follow.

Facility Update: Discussions regarding the installation of solar panels in the parking lot of the Community & Senior Center have started. Staff is working with the Environmental Services Department to coordinate an exact construction schedule. At this time, most of the construction will take place in the south parking lot.

Dates to Note

March 14: Hand & Foot Card Party

**Senior Center Activity Participation
February**

Recreation Report classes ending: February 2015								
Activity	Start Date	End Date	Meeting s	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Notes
Art	2/4/2015	2/25/2015	4	120	8	53	424	
Arthritis Support Group	2/5/2015	2/5/2015	1	120	2	5	10	
Bingo	2/4/2015	2/27/2015	8	120	16	201	3216	
Ceramics	2/5/2015	2/26/2015	3	120	6	30	180	
Changes to Choices	2/3/2015	2/17/2015	2	120	4	2	8	
Computer Club Class			1	120	4		0	
Computer Club Meeting	2/23/2015	2/23/2015	1	120	2	13	38	
Computer Lab	2/6/2015	2/20/2015	3	180	9	17	153	
Current Events Discussion	2/6/2015	2/20/2015	2	30	3	3	27	
Hand and Foot	2/4/2015	2/25/2015	2	180	6	34	204	
HICAP Consultations	2/4/2015	2/28/2015	2	60	2	6	12	
Legal Consultations	2/19/2015	2/19/2015	1	30	0.5	5	2.5	
Low Impact Aerobics 8am	2/2/2015	2/27/2015	10	30	5	175	875	
Low Impact Aerobics 10am	2/2/2015	2/27/2015	11	30	5.5	403	2216.5	
Movie Day	2/3/2015	2/3/2015	1	120	2	42	84	Jersey Boys
Needles & Friends	2/1/2015	2/8/2015	3	60	3	39	117	
Outa Sight SPEAKER	2/3/2015	2/3/2015	1	120	2	18	36	
Outa Sight SUPPORT	2/17/2015	2/17/2015	1	120	2	13	38	
Parkinson's Support Group			1	60	1		0	
Ping Pong	2/8/2015	2/27/2015	4	60	4	11	44	
Pedro	2/3/2015	2/24/2015	4	120	8	112	896	
Pinochle			4	120	8		0	
Prostate Support Group			1	120	2		0	
Scrapbooking			2	30	4		0	
Ship Shape	2/3/2015	2/26/2015	8	30	4	57	228	
Stompers	2/2/2015	2/23/2015	3	60	3	57	171	
The Novel	2/10/2015	2/10/2015	1	60	1	10	10	
Stroke Support			1	120	2		0	
Woodcarvers	2/4/2015	2/18/2015	2	120	4	17	68	
Yoga	2/5/2015	2/26/2015	4	60	4	131	524	
SPECIAL Classes/Presentations								
AARP Driver's Safety	2/18/2014	2/20/2014	8	240	60	20	1200	
Tax Aid Preparation	2/3/2014	2/28/2014	8	240	60	115	6900	Mon & Fri appointments
Collette Travel Presentation	2/13/2014	2/13/2014	1	30	1.5	15	22.5	
Library Usage				8.25 vol. hours	168 ret. Book	125 new books		
February 2015 Totals:			Classes Offered			Total Participants	Total PH	Net Revenue
			33			1622	3582	\$ 560.00
FY 14/15 YTD Totals:			Classes Offered			Total Participants	Total PH	Net Revenue
			133			14132	34,312	\$ 5,874.73