

**CITY OF WOODLAND  
2001 EAST STREET  
WOODLAND, CALIFORNIA**

**COMMISSION ON AGING AGENDA  
April 9, 2015  
3:00 p.m.**

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. MINUTES
  - D.1 Adopt the Minutes of the Commission Meeting of March 12, 2015
- E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission’s consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. INFORMATION
  - F.1 Yolo Bus Update
- G. REGULAR CALENDAR
  - G.1 Speakers Series Update
  - G.2 Senior Resource Fair 2015- May 28, 2015-Update
  - G.3 Senior Advocacy Day Information-Brown
- H. REPORT OF THE STAFF
  - H.1 Senior Center Report January-Dallas Tringali  
*Recommendation:* Information only
  - H.2 Facility Update, Senior Issues-Dallas Tringali  
*Recommendation:* Information only
- I. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

- J. AGENDA ITEMS FOR NEXT MEETING
- K. ADJOURN
- L. NEXT MEETING May 14, 2015

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, April 9, 2015 was posted on April 6, 2015 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

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Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging  
Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

**Regular Meeting Minutes**  
**March 12, 2015**

Call to Order

Meeting convened at 3:03 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Campbell presiding.

Roll Call

Commissioners Present: Garman, Campbell, Sanborn, Brown  
Staff: Engel, Tringali, Haynie  
Guest:

Pledge of Allegiance

Communications-Commission/Staff Statements and Requests

Commissioner Campbell suggested setting a time limit on presentations and following the 3 minute rule for public comment. Commissioners discussed the request and decided that presentations will be limited to 10 minutes but that more or less time could be allotted depending on the topic, on a case-by-case basis.

Minutes

Commissioner Brown made the motion to accept the minutes of February 12, 2015, Commissioner Sanborn seconded the motion. 5/0

Correspondence

None

Regular Calendar

Appoint Commissioner to Yolo County Commission on Aging and Adult Service and Make Appointment Recommendation to the City Council

Commissioner Sanborn made a motion to appoint Commissioner Brown to Yolo County Commission on Aging and Adult Service; Commissioner Garman seconded the motion. 5/0

Workplan 2015

Commissioner Overholt discussed the Speaker Series with the next topic Important Documents in early May. Tringali and Commissioner Overholt will work on the date and room reservation; finalizing event for publication in the April Senior Gram.

Senior Resource Fair

Tringali supplied an update on vendor confirmation, with 33 vendors confirmed. Staff will send follow up letters to the vendors not yet confirmed.

Report of the Staff

Senior Center Report

Tringali reported on the March 6<sup>th</sup> ReXpo and Senior Art Show. Staff estimated attendance of 500-700 for both events, with good traffic flow through the Senior Art Show. The new set up for the event was successful and the Food Trucks were popular. Jan Bellows held a flower arranging class with 12 participants



## Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

plus one grandson. Senior Center, Inc. Hand and Foot card party fundraiser is sold out. Tax Aid only has four spots left to fill. Commissioner Overholt suggested that the overflow of request for Tax Aid be sent to Centers for Families. Tringali is working with Woodland PD and Yolo County District Attorney to schedule a resource fair in the gym related to fraud protection. Engel informed the Commission that City Council will appoint a new COA Commissioner at the March 17<sup>th</sup> City Council meeting. New Commissioner should attend the next COA meeting in April. Commissioner Sanborn stated that SCI had found an instructor for training seniors on the new cell phones. Training will be available every Friday in April, 1-3:30 p.m.

### Facility Update, Senior Issues

Engel updated the Commission on the Solar Project for the Woodland Community & Senior Center. Engel will update the Commission as the project moves forward. Local residents have approached the City for a Memorial Tree Grove on the Woodland Community & Senior Center property; currently this is moving through the City process.

### Business Items for Next Meeting

Speaker Series

Senior Resource Fair 2015- Update

Senior Center Report

Facilities update

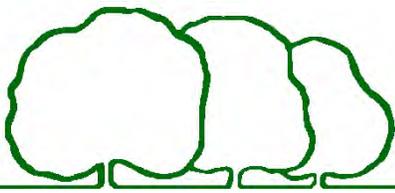
Next Meeting Date April 9, 2015

### Adjourn

Commissioner Overholt made the motion to adjourn the meeting at 3:44 p.m., Commissioner Sanborn seconded the motion, and motion carried 5/0.

Respectfully submitted,

Cathy Haynie, CS Administrative Supervisor  
Community Services Department



**Commission on Aging Communication**

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: April 9, 2015

PREPARED BY: Dallas Tringali, Community Services Program Manager

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**RECOMMENDED ACTION:** None. Information only.

**BACKGROUND INFORMATION:** The following provides highlights of the Senior Center since the last report.

**Senior Resource Fair:** There are currently over 50 applications that have come in for vendors taking part in the Senior Resource Fair on May 28. Recent applicants include Citizens Who Care, Yolo Adult Day Health Center, Woodland Stroke Support, and Woodland Care Car.

**1-on-1 Tech Help for Seniors:** Staff has worked with the Commission on Aging to offer individual consultations for assistance with smart phones, tablets, and other technology. Appointments take place in the Senior Center consultation room on Fridays between 1:00-3:00 p.m. The technology volunteer's name is Pan Soonsawad. The Welcome Desk will schedule members in person and over the phone.

**Travel Presentations:** The Senior Center contracts with the Collette travel agency to offer world-wide trips to seniors. On Thursday April 16 at 1:30 p.m., a member of the Collette team will come to the senior Center to conduct a presentation on all of their upcoming trips. Senior Center Inc.'s "Affordable Adventures" program will be there to present their excursions as well.

**New Class:** Starting May 5, the Senior Center will offer a greeting card making class with instructor Mona Moretto. This will take place on Tuesdays from 10:00-11:30 a.m. for \$5 per month. Mona will provide participants will all of the materials they will need. Registration is taken at the Community Services front desk.

**Returning Support Group:** The Peripheral Neuropathy support group will continue offering support and resources at the Senior Center. The group went on hiatus and will now continue under new leadership starting on Tuesday April 7<sup>th</sup>. They will meet regularly the first Tuesday of the month at 1:30 p.m.

**Senior Center Events:** Staff has prepared a comprehensive list of senior center events for 2015 and 2016. Commission is requested to take note of all upcoming dates and support senior events.

**Dates to Note**

**April 13:** Senior Movie Day, showing *The Theory of Everything*

**April 27:** Medicare Workshop

**May 8:** Mother's Day Flower Arranging Workshop

**May 14:** Important Documents Workshop

**May 14:** SCI Annual Membership Meeting & Dinner

**May 28:** Senior Resource Fair

**Senior Center Activity Participation  
March 2015**

**Recreation Report**  
classes ending: March 2015

Activity	Start Date	End Date	Meetings	Min/Mtg	Class Hours	Participants	Participant Hours (PH)	Notes
Art	3/4/2015	3/25/2015	4	120	8	53	424	
Arthritis Support Group	3/5/2015	3/5/2015	1	120	2	6	12	
Bingo	3/4/2015	3/27/2015	8	120	16	185	2960	
Bridge for Fun	3/4/2015	3/25/2015	4	120	8	0	0	
Ceramics	3/5/2015	3/26/2015	4	120	8	34	272	
Changes to Choices	3/3/2015	3/17/2015	1	120	2	2	4	
Chit Chat Café	3/2/2015	3/31/2015	22	30	11	589	6479	
Computer Club Class	3/20/2015	3/27/2015	2	120	4	16	64	
Computer Club Meeting	3/23/2015	3/23/2015	1	120	2	22	44	
Computer Lab	3/6/2015	3/27/2015	4	180	12	22	264	
Cribbage	3/4/2015	3/25/2015	4	120	8	16	128	
Current Events Discussion	3/6/2015	3/20/2015	2	90	3	14	42	
Hand and Foot	3/4/2015	3/25/2015	4	180	12	71	852	
HICAP Consultations	3/12/2015	3/26/2015	2	180	6	4	24	
Legal Consultations	3/19/2015	3/19/2015	1	30	0.5	5	2.5	
Low Impact Aerobics 8am	3/2/2015	3/30/2015	13	30	6.5	221	1436.5	
Low Impact Aerobics 10am	3/2/2015	3/30/2015	13	30	6.5	472	3068	
Man Jong	3/5/2015	3/26/2015	4	120	8	12	96	
Needles & Friends	3/2/2015	3/30/2015	5	60	5	61	305	
Outa Sight SPEAKER	3/3/2015	3/3/2015	1	120	2	17	34	
Outa Sight SUPPORT	3/17/2015	3/17/2015	1	120	2	21	42	
Parkinson's Support Group	3/24/2015	3/24/2015	1	60	1	18	18	
Pedro	3/3/2015	3/31/2015	5	120	10	156	1560	
Ping Pong AM	3/6/2015	3/27/2015	4	60	4	14	56	
Pinochle	3/5/2015	3/23/2015	4	120	8	47	376	
Prostate Support Group	3/9/2015	3/9/2015	1	120	2	16	32	
Scrapbooking	3/13/2015	3/27/2015	2	30	4	5	20	
Senior Movie Day	3/9/2015	3/9/2015	1	120	2	34	68	Million Dollar Arm
Senior Link	3/1/2015	3/31/2015	1	20	0.333333333	24	8	
Ship Shape	3/3/2015	3/31/2015	9	30	4	57	228	
Stompers	3/2/2015	3/30/2015	5	60	5	74	370	
Stroke Support	3/16/2015	3/16/2015	1	120	2	10	20	
The Novel	3/10/2015	3/10/2015	1	60	1	9	9	
Woodcarvers	3/4/2015	3/18/2015	2	120	4	16	64	
Yoga	3/5/2015	3/26/2015	4	60	4	119	476	
<b>SPECIAL Classes/Presentations</b>								
Senior Art Show	3/6/2015	3/6/2015	1	60	1	125	125	
Flower Arranging Workshop	3/4/2015	3/4/2015	1	120	2	12	24	
SCI Hand &Foot Card Party	3/14/2015	3/14/2015	1	240	4	60	240	
Tax Aid Prep	3/2/2015	3/30/2015	9	240	36	160	5760	
Library Usage				13.25 vol. hours	169 ret. Book	314 new books		

**March 2014 Totals:**

<b>Classes Offered</b>		<b>Total Participants</b>	<b>Total PH</b>	<b>Net Revenue</b>
39		2799	26007	\$ 376.00

**FY 13/14 YTD Totals:**

<b>Classes Offered</b>		<b>Total Participants</b>	<b>Total PH</b>	<b>Net Revenue</b>
233		17087	121,687	\$ 6,250.79