

**CITY OF WOODLAND  
2001 EAST STREET  
WOODLAND, CALIFORNIA**

**COMMISSION ON AGING AGENDA  
June 11, 2015  
3:00 p.m.**

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. MINUTES
  - D.1 Adopt the Minutes of the Commission Meeting of May 14, 2015
- E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission’s consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. REGULAR CALENDAR
  - F.1 Speakers Series Update
  - F.2 Senior Resource Fair 2015- May 28, 2015-Update
  - F.3 Senior Advocacy Day Information-Brown
- G. REPORT OF THE STAFF
  - G.1 Senior Center Report May-Dallas Tringali  
*Recommendation:* Information only
  - G.2 Facility Update, Senior Issues-Dallas Tringali  
*Recommendation:* Information only

H. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

K. NEXT MEETING July 9, 2015

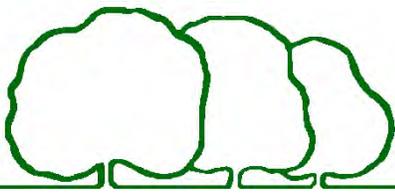
I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, June 11, 2015 was posted on June 8, 2015 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

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Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



**Commission on Aging Communication**

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: May 14, 2015

PREPARED BY: Dallas Tringali, Community Services Program Manager

**RECOMMENDED ACTION:**

None. Information only.

**BACKGROUND INFORMATION:**

The following provides highlights of the Senior Center since the last report.

**Senior Resource Fair:** The City of Woodland’s Commission on Aging and Community Services Department hosted the annual Senior Resource Fair on Thursday, May 28 from 10:00 a.m. to 12:00 p.m. at the Woodland Community & Senior Center. The day began with a fun walk at 9:30 a.m. led by senior center exercise volunteer Lillian Hughley. There were 70 regional vendors coming to offer goods and services aimed at seniors, including health care providers, volunteers, legal assistance, health & fitness, support groups, in-home support, and more. Informational speaker sessions included: “Home, Health, and Hospice” sponsored by Kindred at Home; “Senior Nutrition and Healthy Eating” sponsored by St. John’s Retirement Village; and “Selecting In-Home Care” sponsored by Support for Home.

**SCI Installation Dinner:** Senior Center, Inc. (SCI) is a non-profit organization that supports and supplements the Woodland Senior Center’s users with programs and resources. The SCI board of directors held its annual membership meeting on May 14 where they have dinner with members; then nominate, elect, and install officers and board members. This operational year, the roster of 13 board members includes: President Roy Miller, Vice President Steve Ethers, Secretary Chuck Winter, Treasurer Elizabeth Kemper; Incumbent Board Members Jan Bello, Stan Moorhead, Linda Nantz, Donna Penn, Maxine Polkinghorne, Carla Sanborn, Judy Tommeraasen; newly-elected Board Member Gil Walker; and Past-President Nick Pohl, who presided over the installation. 150 SCI members and guests attended and enjoyed a tri-tip dinner prepared by incoming President Roy Miller. This event was supported by volunteers from the Latter-Day Saints church, Target Woodland, and The Californian (who also helped prepare the meal). Senior Center, Inc. currently has 589 subscribing members, 181 of those are lifetime members in the “Century Club.”

**Teens Helping Seniors:** The Teens Helping Seniors (THS) program is comprised of middle- and high-school-aged volunteers that are dispatched to senior homes and properties to conduct a variety of work at no cost to the resident. Seniors can fill out a job request form and turn it in to the Welcome Desk for work to be done between June 6 and August 15. The teen volunteers are rewarded for their work with a trip to the Santa Cruz Beach Boardwalk at the end of the summer. This year, the Coordinator of Teens Helping Seniors is Christian Kliewer, who acted as the program's backup worker in 2014. Additionally, there will be a Spaghetti Feed Fundraiser on Thursday June 25 from 5:30-7:00 p.m. The Spaghetti Feed aims to raise money for the volunteers' trip to Santa Cruz. Meals are \$4 in advance (\$3 for Senior Center Inc. members) or \$5 at the door. Any questions about this program can be directed to Recreation Supervisor Marshall Echols at (530) 661-2024. Reservations for the Spaghetti Feed Fundraiser can be made with the Welcome Desk or by calling the Senior Center at (530) 661-2001.

**Dates to Note**

<b>June 25:</b>	Teens Helping Seniors Spaghetti Feed Fundraiser
<b>July 4:</b>	Independence Day Celebration Ice Cream Social 1:00-3:00 p.m.
<b>August 6:</b>	SCI Volunteer Appreciation Dinner
<b>September 24:</b>	SCI Fall Potluck

**Recreation Report**  
classes ending: May 2015

Activity	Start Date	End Date	Mtgs	Participants
Art	5/6	5/27	3	39
Arthritis Support Group	5/7	5/7	1	7
Badminton	5/1	5/29	10	171
Bingo	5/1	5/29	9	213
Bridge for Fun	5/6	5/29	4	52
Ceramics	5/7	5/28	2	18
Chit Chat Café	5/1	5/29	19	476
Computer Club Classes	5/8	5/11	2	16
Computer Club Meeting	5/26	5/26	1	7
Computer Lab	5/1	5/29	4	29
Cribbage	5/6	5/27	4	13
Current Events	5/1	5/15	2	14
Hand and Foot	5/6	5/27	4	68
Handy Helper Requests	5/1	5/29	2	2
HICAP Consultations	5/14	5/28	2	5
Legal Consultations	5/21	5/21	1	5
Low Impact Aerobics 8am	5/4	5/28	10	175
Low Impact Aerobics 10am	5/1	5/28	12	492
Mah Jong	5/7	5/21	3	9
Needles & Friends	5/4	5/25	3	32
Open Game Day	5/4	5/28	8	17
Outa Sight SPEAKER	5/5	5/5	1	19
Outa Sight SUPPORT	5/19	5/19	1	20
Parkinson's Support Group	5/26	5/26	1	9

**Recreation Report**  
classes ending: May 2015

Activity	Start Date	End Date	Mtgs	Participants
Peripheral Neropathy	5/5	5/11	1	11
Ping Pong AM	5/1	5/29	5	15
Ping Pong PM	5/5	5/26	4	15
Pedro	5/5	5/26	4	112
Pinochle	5/7	5/21	3	34
Prostate Support Group	5/11	5/11	1	8
Senior Link	5/4	5/29	10	17
Ship Shape	5/5	5/28	8	81
Senior Movie Day	5/11	5/11	1	39
Stompers	5/4	5/18	3	38
Stroke Support	5/18	5/18	1	10
The Novel	5/12	5/12	1	6
Thrift Store	5/5	5/29	8	123
Transitions	5/12	5/26	2	13
Woodcarvers	5/6	5/20	2	16
Yoga	5/7	5/28	4	126
<b>SPECIAL Classes/Presentations</b>				
Senior Resource Fair	5/28	5/28	1	250
Flower Workshop	5/8	5/8	1	15
SCI Installation dinner	5/14	5/14	1	146
Apple/Android iphone classes	5/8	5/11	2	17
One-on-One Tech Help	5/1	5/8	2	9
AARP	5/19	5/21	2	14
Library Usage	8.5 vol. hours	138 ret	210 new books	

Total Participants in May 2015	3023
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