

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA**

**COMMISSION ON AGING AGENDA
January 21, 2016
3:00 p.m.**

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. CONSENT
 - D.1 Adopt the Minutes of the Commission Meeting of November 19, 2015
 - D.2 Election of Officers
- E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission’s consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. REGULAR CALENDAR
 - F.1 Speakers Series Update
 - F.2 Handicap Parking-Update
 - F.3 YCOA Update-Brown
 - F.4 Senior Care Calling Program
 - F.5 Senior Resource Fair
- G. REPORT OF THE STAFF
 - G.1 Senior Center Report October Dallas Tringali
Recommendation: Information only
 - G.2 Facility Update, Senior Issues-Dallas Tringali
Recommendation: Information only

- H. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent, if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an

item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

K. NEXT MEETING February 11, 2016

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, February 11, 2016 was posted on February 7, 2016 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging
Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes
November 19, 2015

Call to Order

Meeting convened at 3:02 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California; Chair Campbell presiding.

Roll Call

Commissioners Present: Campbell, Sanborn, Wheeler, Brown,
Absent Overholt
Staff: Engel, Tringali, Haynie

Pledge of Allegiance

Consent Item

October 15, 2015 Minutes

Commissioner Sanborn made the motion to accept the October 15, 2015 with changes; Commissioner Brown seconded the motion. 4/0

Communications-Commission/Staff Statements and Requests

Commissioner Campbell recognized the two audience members; Clay Williams and Marianna Shearer. Both live in a senior apartment complex and were looking for some assistance with senior issues and were interested in the scope of the Commission. Commissioner Campbell reviewed the powers and duties from City Code Section 2-7-86 with the meeting participants.

Commission and staff discussed the housing concerns of Williams and Shearer. William and Shearer were directed to contact Code Enforcement through Community Development Department who would be better able address their concerns.

Regular Calendar

Speaker Series

Tringali reported that he continues to receive calls for more workshops. Alzheimer's Association will offer "Know the 10 Signs, Early Detection Matters" on December 11, 10:30-11:30 a.m.

YCOA (Yolo Commission on Aging) Update-Brown

Commissioner Brown and Tringali attended the Center for Successful Aging meeting. Next meeting is December 7, 2015.

Handicap parking at front of WC&SC

Commissioner Campbell stated that there were no updates at this time.

Report of the Staff

Senior Center Report

Tringali informed the Commission that Pickleball is being offered in the gym on Tuesdays and Thursdays 9:30-11:30 a.m.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Facility Update

Dallas reported that the Solar Project at the Woodland Community & Senior Center is delayed and expected to finish by the end of January, 2016. Commissioner Campbell suggested that a handicap door be installed at the east entrance (by the Thrift Store) of the Community & Senior Center. Commissioner Campbell requested staff investigate weight of restroom doors stating that he is concerned for the seniors in wheelchairs.

Public Comment

Business Items for Next Meeting

Minutes

Election of Officers

Updated COA binder information

Speaker Series

Handicap parking

YCOA

Senior Care Calling Program

Senior Resources Fair

Senior Center Report

Facilities update

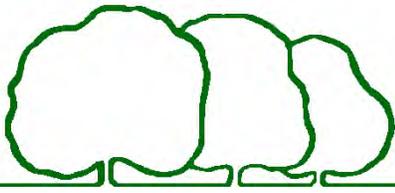
Next Meeting Date January 14, 2016

Adjourn

Commissioner Brown made the motion to adjourn the meeting at 3:56 p.m., Commissioner Wheeler seconded the motion, and motion carried 4/0.

Respectfully submitted,

Cathy Haynie, Administrative Supervisor
Community Services Department



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: January 21, 2015

PREPARED BY: Dallas Tringali, Community Services Program Manager

RECOMMENDED ACTION: None. Information only.

BACKGROUND INFORMATION: The following provides highlights of the Senior Center since the last report.

Senior Holiday Events: The Woodland Senior Center and Senior Center Inc. held two holiday events, a Thanksgiving Dinner on November 19 and a Holiday Brunch on December 17. The Thanksgiving Dinner hosted 296 people and the Holiday Brunch hosted 253. Several groups volunteered to help make the events successful, including the Latter-Day Saint church, St. John’s Retirement Village, The Californian, and Senior Center Inc.

AARP Tax Aid: Starting February 1, the Woodland Senior Center along with AARP is offering free tax preparation help for older adults. Clients can call the Senior Center Welcome Desk at 661-2001 to make their appointment. This service will run until Tax Day, April 15.

Dates to Note

- February 8:** Senior Movie Day
- February 23 & 25:** AARP Driver Safety class
- March 4:** Senior Art Show & ReXpo event

Woodland Senior Center Monthly Participation Report

classes ending: November 2015

Activity	End Date	Sign-Ins/Participants
ART		
Art	11/25/2015	24
Ceramics	11/19/2015	26
Needles & Friends	11/2/2015	10
Woodcarvers	11/18/2015	15
Scrapbooking	11/24/2015	4
EXERCISE		
Badminton	11/30/2015	151
Low Impact Aerobics 8am	11/25/2015	120
Low Impact Aerobics 10am	11/30/2015	237
Ping Pong AM	11/12/2015	3
Pickleball	11/17/2015	15
Ship Shape	11/24/2015	52
Stompers	11/30/2015	89
Yoga	11/19/2015	82
GAMES		
Bingo	11/25/2015	185
Bridge for Fun	11/25/2015	30
Cribbage	11/18/2015	12
Hand and Foot	11/18/2015	54
Mah Jong	11/5/2015	2
Open Game Day	11/30/2015	18
Pedro	11/24/2015	124
Pinochle	11/19/2015	27
GENERAL		
Chit Chat Café	11/30/2015	503
Current Events	11/20/2015	22
Senior Movie Day	11/9/2015	37
The Novel	11/10/2015	10
Thrift Store	11/27/2015	19
EDUCATION/RESOURCE		
Computer Club CLASS	11/13/2015	12
Computer Club Meeting	11/23/2015	21
Computer Lab	11/20/2015	18
Handy Helpers	11/30/2015	1
HICAP Consultations	11/24/2015	8
Legal Consultations	11/19/2015	10
One-on-One Tech Help	11/20/2015	8
Senior Link	11/30/2015	15
EVENTS		
Thanksgiving Dinner		296

SUPPORT		
Arthritis Support Group	11/5/2015	4
Outa Sight SPEAKER	11/17/2015	19
Outa Sight SUPPORT	11/2/2015	11
Parkinson's Support Group	11/24/2015	5
Peripheral Neropathy	11/10/2015	6
Prostate Support	11/10/2015	12
Retiree Assistance Group	11/10/2015	20
Stroke Support	11/16/2015	11
Transitions	11/24/2015	1
SPECIAL PROGRAMS		
AARP Driver Training	11/5/2015	15
Franks Train Display	11/18/2015	30
November 2015	Total Sign-Ins	2394

Woodland Senior Center Monthly Participation Report

classes ending: December 2015

Activity	End Date	Sign-Ins/ Participants
ART		
Art	12/23/2015	46
<i>Centerpiece Workshops</i>	12/15/2015	33
Ceramics	12/10/2015	16
Needles & Friends	12/21/2015	35
Scrapbooking	12/8/2015	3
EXERCISE		
Badminton	12/21/2015	127
Low Impact Aerobics 8am	12/21/2015	107
Low Impact Aerobics 10am	12/21/2015	198
Ping Pong AM	12/18/2015	8
Pickleball	12/15/2015	51
Ship Shape	12/22/2015	38
Stompers	12/12/2015	50
Yoga	12/17/2015	83
GAMES		
Bingo	12/23/2015	161
Bridge for Fun	12/16/2015	46
Cribbage	12/23/2015	12
Hand and Foot	12/8/2015	29
Mah Jong	12/17/2015	11
Open Game Day	12/22/2015	24

Pedro	12/15/2015	96
Pinochle	12/17/2015	11
GENERAL		
Chit Chat Café	12/23/2015	371
Current Events	12/18/2015	18
Senior Movie Day	12/14/2015	16
The Novel	12/8/2015	9
Thrift Store	12/22/2015	91
EDUCATION/RESOURCE		
Computer Club CLASS	12/1/2015	4
Computer Lab	12/18/2015	22
Handy Helpers	12/24/2015	1
Hearing Exams	12/18/2015	5
HICAP Consulations	12/22/2015	10
Legal Consulations	12/17/2015	5
One-on-One Tech Help	12/18/2015	6
Senior Link	12/23/2015	12
EVENTS		
Holiday Social	12/17/2015	253
SUPPORT		
Arthritis Support Group	12/3/2015	3
Outa Sight SPEAKER	12/2/2015	14
Outa Sight SUPPORT	12/15/2015	19
Parkinson's Support Group		
Peripheral Neropathy	12/8/2015	6
Stroke Support	12/21/2015	11
Transitions	12/8/2015	2
SPECIAL PROGRAMS		
AARP		
Healthier Living- Chronic Disease Workshop	12/1/2015	22
Library Usage	12/22/2015	2
VOLUNTEERS		
Holiday Social		26
Office Tasks		2
Welcome Desk		22

December 2015 Totals:

Total Sign-Ins

2137