

**CITY OF WOODLAND
2001 EAST STREET
WOODLAND, CALIFORNIA**

**COMMISSION ON AGING AGENDA
March 17, 2016
3:00 p.m.**

- A. CALL TO ORDER
- B. ROLL CALL
- C. PLEDGE OF ALLEGIANCE
- D. CONSENT
 - D.1 Adopt the Minutes of the Commission Meeting of February 18, 2016
- E. COMMUNICATIONS–COMMISSION/STAFF STATEMENTS AND REQUESTS

This is an opportunity for the Commission Members and Staff to make comments and announcements, to express concerns, or to request Commission’s consideration of any items a Commission Member would like to have discussed at a future Commission meeting.

- F. REGULAR CALENDAR
 - F.1 2016 Work Plan Report to Council
 - F.2 Speakers Series Update
 - F.3 Handicap Parking-Update
 - F.4 YCOA Update-Brown
 - F.5 Woodland Telephone Reassurance Program
 - F.6 Senior Resource Fair May 26, 2016
 - F.7 Adult Day Health Services-Update
- G. REPORT OF THE STAFF
 - G.1 Senior Center Report Dallas Tringali
Recommendation: Information only
 - G.2 Facility Update, Senior Issues-Dallas Tringali
Recommendation: Information only

H. COMMUNICATIONS-PUBLIC COMMENT

This an opportunity for the public to speak to the Commission on any item other than those listed for public hearing on this agenda. Speakers are requested begin by stating their name, whether they reside in Woodland and the name of the organization they represent, if any. The Chair may impose a time limit on any speaker depending on the number of people wanting to speak and time available for the rest of the agenda. In the event comments are related to an

item scheduled on the agenda, speakers may be required to wait to make their comments until that item is considered.

I. AGENDA ITEMS FOR NEXT MEETING

J. ADJOURN

K. NEXT MEETING April 14, 2016

I declare under penalty of perjury that the foregoing Agenda for the Commission on Aging regular meeting of the City of Woodland scheduled for Thursday, March 17, 2016 was posted on March 14, 2016 in the outside display case at 2001 East Street, Woodland, CA, and was available to the public during normal business hours.

Cathy Haynie, Administrative Secretary

Upon request, agendas and documents in the agenda packet will be made available in appropriate alternative formats to persons with a disability, as required by law. Any such request must be made in writing to the Office of the City Clerk of the City of Woodland. Requests will be valid for the calendar year in which the request is received, and must be renewed prior to January 1st.

Persons needing disability-related modifications or accommodations in order to participate in public meetings, including persons requiring auxiliary aids or services, may request such modifications or accommodations by calling the Office of the City Clerk (530-661-5806) at least 48 hours prior to the meeting.



Commission on Aging
Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Regular Meeting Minutes
February 18, 2016

Call to Order

Meeting convened at 3:02 p.m. at the Community & Senior Center, 2001 East Street, Woodland, California;
Chair Campbell presiding.

Roll Call

Commissioners Present: Campbell, Wheeler, Brown, Overholt
Absent
Staff: Tringali, Haynie

Pledge of Allegiance

Consent Item

January 21, 2016 Minutes

Commissioner Brown made the motion to accept the November 19, 2015 as written; Commissioner Wheeler seconded the motion. 4/0

Communications-Commission/Staff Statements and Requests

Commissioners Brown asked the status of a new COA Commissioner.

Regular Calendar

Speaker Series

Commissioner Overholt will get with Tringali to schedule the Important Documents speaker for April.

Handicap parking at front of WC&SC

Commissioner Campbell reviewed the history of the WC&SC for Commissioner Brown.

YCOA (Yolo Commission on Aging) Update-Brown

Commissioner Brown would like this item change to every other month's agenda. March, May, July, September and November.

Woodland Telephone Reassurance Program

Tringali and Tornincasa visited Eskaton, a senior care organization that operates a similar program. Tornincasa is working with SCI, St. Johns, Comfort Keepers, and Eskaton to help operate this new program. Have four volunteers for the new program. Commissioner Campbell asked if Tornincasa could attend the next COA meeting.

Senior Resource Fair May 26, 2016

Tringali reported that all past Vendors had been mailed an invitation to the Senior Resource Fair. Capacity is 70 table spaces for vendors. Staff is receiving vendor RSVP and applications. Meeting will be set in March for the set up meeting.



Commission on Aging

Woodland Community & Senior Center, 2001 East Street, Woodland, CA 95776

Report of the Staff

Senior Center Report

Healthy Living, Conflict Resolutions is looking to add additional programs to their educational speakers. Privacy screen was installed for the Blood Pressure Clinic. Discussed the best time ended up with 9:30-10:30 every other week, starting in March.

Facility Update, Senior Issues

Tringali reported that new letters were installed in the lobby. No new update available for the Solar Project at this time.

Business Items for Next Meeting

Minutes

2016 Work Plan Report to Council

Speaker Series

Handicap parking

YCOA

Woodland Telephone Reassurance Program

Senior Resources Fair May 26, 2016

Senior Center Report

Facilities update

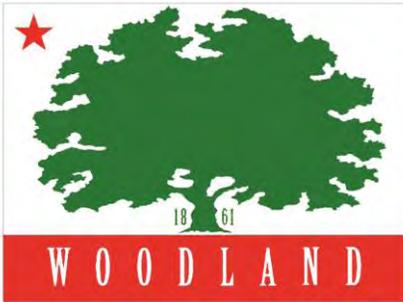
Next Meeting Date March 17, 2016

Adjourn

Commissioner Brown made the motion to adjourn the meeting at 4:05 p.m., Commissioner Wheeler seconded the motion, and motion carried 4/0.

Respectfully submitted,

Cathy Haynie, Administrative Supervisor
Community Services Department



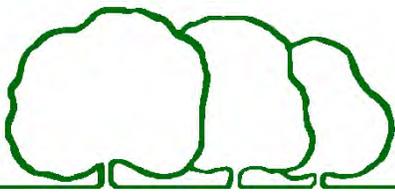
COMMISSION ON AGING

Updated: 1/22/16

NAME	ADDRESS	PHONE/Email	TERM
Regan Overholt	1521 Saratoga Drive, Woodland, CA 95695 <u>Mail to:</u> c/o First Five 403 Court Street, Woodland, CA 95695	W: 669-2311 668-9619 roverholt@first5yolo.org	12/31/2018
Vacant			
Don Campbell, Chairperson	1742 Amherst Way Woodland, CA 95695	H: 530-666-3021 C: 530-908-1189 campbell5224@sbcglobal.net	12/31/2015
Heidi Wheeler	1805 Farnham Avenue Woodland, CA 95776	H: 530-383-2390 H: 530-662-1290 hwheeler@sjrv.org	12/31/2016
Therese Brown, Vice Chair	1716 Casa Nueva Street Woodland, CA 95695	C: 805-705-9507 mbrown@sjrv.org	12/31/2018

This is a 5 member Commission with four year terms.
 Meetings: Third Thursday of each month
 Location: Community & Senior Center, 2001 East Street.
 Contact Information: 530.661.2005

Agenda packets available online: <http://www.cityofwoodland.org/prcs/comissions.htm#aging>



Commission on Aging Communication

AGENDA ITEM

SUBJECT: Monthly Senior Center Report

DATE: April 14, 2016

PREPARED BY: Dallas Tringali, Community Services Program Manager

RECOMMENDED ACTION: None. Information only.

BACKGROUND INFORMATION: The following provides highlights of the Senior Center since the last report.

Program Report

Senior Art Show & ReXpo: The Senior Art Show and ReXpo events took place on Friday March 4. Over 30 vendors participated in the ReXpo, which showcased many different activities in Woodland for all ages. The Art Show featured pieces by the Woodland Senior Center's own art class participants, including paintings, wood carvings, scrapbook pages, and quilts.

Hand & Foot Card Party: On Saturday March 12, Senior Center Inc. hosted its third annual Hand & Foot Card Party. Over 70 participants came for a social card game and lunches prepared by SCI volunteers. There were raffle prizes given away as well as a door prize.

Tax Aid: The annual Tax Aid preparation offered by AARP volunteers began on February 1 and will run through April 15. In the month of February there have been 93 people who made appointments. Assistance is provided by appointment on Mondays and Fridays. Appointments can be made by calling the Senior Center Welcome Desk at (530) 661-2001.

Dates to Note

April 15 – Welcome Desk general meeting

May 12 – SCI Installation Dinner

May 26 – Senior Resource Fair

**Senior Center Activity Participation
February****Woodland Senior Center
Monthly Participant Report**

classes ending: February 2016

Activity	End Date	Sign-Ins/ Participants
ART		
Art	2/17/2016	45
Ceramics	2/18/2016	24
Needles & Friends	2/29/2016	40
Woodcarvers	2/17/2016	21
Scrapbooking	2/23/2016	8
EXERCISE		
Badminton	2/29/2016	184
Low Impact Aerobics 8am	2/29/2016	131
Low Impact Aerobics 10am	2/29/2016	362
Ping Pong AM	2/26/2016	5
Ping Pong PM	2/23/2016	12
Pickleball	2/25/2016	10
Ship Shape	2/25/2016	64
Stompers	2/29/2016	68
Yoga	2/25/2016	120
GAMES		
Bingo	2/26/2016	211
Bridge for Fun	2/24/2016	51
Cribbage	2/24/2016	19
Hand and Foot	2/10/2016	39
Mah Jong	2/25/2016	8
Open Game Day	2/29/2016	31
Pedro	2/23/2016	124
Pinochle	2/11/2016	15
GENERAL		
Chit Chat Café	2/26/2016	442
Current Events	2/19/2016	24
Senior Movie Day	2/8/2016	32
The Novel	2/9/2016	10
Thrift Store	2/29/2016	315

EDUCATION/RESOURCE		
Computer Club CLASS	2/29/2016	16
Computer Club Meeting	2/28/2016	19
Computer Lab	2/26/2016	28
Handy Helpers	2/29/2016	4
Hearing Exams	2/23/2016	1
HICAP Consulations	2/25/2016	8
Legal Consulations	2/18/2016	4
One-on-One Tech Help	2/26/2016	14
Senior Link	2/29/2016	18
SUPPORT		
Arthritis Support Group	2/3/2016	9
Outa Sight SPEAKER	2/2/2016	20
Outa Sight SUPPORT	2/16/2016	15
Parkinson's Support Group	2/23/2016	8
Peripheral Neropathy		
Prostate Support		
Retiree Assistance Group	2/8/2016	15
Stroke Support	2/22/2016	12
Transitions	2/23/2016	5
SPECIAL PROGRAMS		
AARP Tax Aide	2/29/2016	93
Healthier Living- Chronic Disease Workshop	2/17/2016	2
Library Usage	2/23/2016	2