



# Senior Resource Fair

## Woodland Community & Senior Center

May 29  
10:00 a.m. to 1:00 p.m.

*Open to anyone looking for information, assistance, or answers to common questions related to seniors.*

*Resources include health care, support groups, exercise, volunteering, & health and wellness.*



**Woodland Senior Center**

2001 East Street  
Woodland, CA 95776  
(530) 661-2001

[www.cityofwoodland.org/seniors](http://www.cityofwoodland.org/seniors)



*Held in conjunction with the YMCA  
National Senior Health & Fitness Day.*

***Sponsored by the Woodland Commission on Aging***